

# Slim & Sassy®

Metabolic Blend 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG

**Application:** A T L S

**Ingredients:** Grapefruit Peel, Lemon Peel, Peppermint Plant, Ginger Root, and Cinnamon Bark essential oils.

**Aromatic Description:** Minty, spicy, herbal

## PRIMARY BENEFITS

- Diuretic-, stimulant-, and calorie-free

### Slim & Sassy®

Metabolic Blend 15 mL

Part Number: 31370406

Wholesale: HK \$250.00

Retail: HK \$415.00

PV: 32

\*Also available as a softgel

## PRODUCT DESCRIPTION

Slim & Sassy, our proprietary metabolic blend, combines some powerful essential oils. Slim & Sassy has a great flavor when taken with water. Its flavor and aroma also promote a positive mood. Slim & Sassy contains Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon. When taken internally with a healthy eating and exercise plan, Slim & Sassy Metabolic Blend can be a great addition to your diet.

## USES

- Add to water or tea and drink before working out for a revitalizing boost.
- Consume with water before meals.
- Add a few drops to Slim & Sassy TrimShake or V Shake.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Internal use:** Dilute four drops in 4 fl. oz. of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

