

dōTERRA Serenity®

Restful Blend 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



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Application: A | T | N

Ingredients: Lavender Flower, Cedarwood, Ho Wood Leaf, Ylang Ylang Flower, Marjoram Leaf, Roman Chamomile Flower, Vetiver Root, Vanilla Bean Absolute, Hawaiian Sandalwood Wood

Aromatic Description: Warm, floral, herbal

PRIMARY BENEFITS

- Promotes relaxation
- Lessens feelings of stress and calms emotions
- Suggest to use with dōTERRA Serenity Restful Complex Softgels for better result.

dōTERRA Serenity®

Restful Blend 15 mL

Part Number: 31090306

Wholesale: HK \$295.00

Retail: HK \$490.00

PV: 38

PRODUCT DESCRIPTION

The newly updated dōTERRA Serenity Restful Blend has a calming and relaxing aroma that provides a unique user experience. This perfectly balanced, tranquil blend can be felt immediately, transporting the user to a state of blissful repose. dōTERRA Serenity combines essential oils renowned for their ability to lessen feelings of stress and calm emotions when used aromatically. Apply one to two drops to the hands and inhale throughout the day to help promote feelings of calmness. The addition of Cedarwood, Ho Wood, and Vetiver essential oils gives dōTERRA Serenity a grounding aroma. dōTERRA Serenity can be used in conjunction with dōTERRA Serenity Restful Complex Softgels. The dōTERRA Serenity products help create a relaxing environment.

USES

- Diffuse at night for feelings of calmness.
- Apply to bottoms of feet at bedtime. Use in conjunction with dōTERRA Serenity Restful Complex Softgels for an enhanced effect.
- Inhale directly from hands or diffuse throughout the day to help lessen stress.
- Diffuse during bath with Epsom salts to create a relaxing, renewing experience.
- Apply 2-3 drops to the back of the neck or on the heart for feelings of calmness and peace.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

