

# Blue Tansy

*Tanacetum annuum* 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG

Application: **A** **T** **N**

Plant Part: Flower/Leaf/Stem

Extraction Method: Steam distillation

Aromatic Description: Fruity, mellow, balsamic

Main Chemical Components: Sabinene, Chamazulene, p-Cymene,  $\alpha$ -Phellandrene,  $\beta$ -Pinene, Camphor

## PRIMARY BENEFITS

- Helps reduce the appearance of skin imperfections.
- Uplifts mood when used aromatically
- Provides a soothing sensation when applied to the skin

### Blue Tansy

*Tanacetum annuum* 5 mL

Part Number: 60205570

Wholesale: HK\$930

Retail: HK\$1553

PV: 119



## PRODUCT DESCRIPTION

Blue Tansy, also referred to as Moroccan Tansy, is an annual yellow-flowered Mediterranean plant found in northern Morocco. Chamazulene, a chemical component in Blue Tansy, provides the characteristic indigo color and is recognized for its skin soothing benefits. Uplifting to the mood, Blue Tansy provides a sweet aroma to fill any room. It's perfect for massaging into skin with fractionated coconut oil or lotion after a long day of work or intense exercise to aid the body.

## USES

- Diffuse to uplift mood and create a positive atmosphere.
- Add a drop to 1 or 2 oz of your favorite moisturizer or cleanser and apply topically to help soothe skin irritation.
- Include 1 or 2 drops in lotion for a restoring massage after a stressful day or extreme workout.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity or temporary staining. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. May stain surfaces, fabrics, and skin.