

# Alpha CRS®+ Cellular Vitality Complex

Made with SLS-free vegetable capsules

## PRODUCT DESCRIPTION

dōTERRA Alpha CRS+ Cellular Vitality Complex is a proprietary formula combining potent levels of natural botanical extracts. Alpha CRS+ is formulated to be used daily with xEO Mega® or vEO Mega® and Microplex VMz® as a comprehensive dietary supplement foundation.

## PRIMARY BENEFITS

- Contains a proprietary blend exclusive to dōTERRA that includes potent amounts of polyphenols including baicalin from scutellaria root, resveratrol from *Polygonum cuspidatum*, ellagic acid from pomegranate, proanthocyanidins from grape seeds, curcumin from turmeric root, and silymarin from milk thistle.
- Contains a standardized extract of *Boswellia serrata* for boswellic acid
- Contains a standardized extract of *Ginkgo biloba*
- Made with sodium lauryl sulfate-free vegetable capsules; does not contain milk or animal products
- Includes tummy tamer botanical extract blend
- Specially formulated to be used daily with xEO Mega® or vEO Mega® and Microplex VMz® as a comprehensive dietary supplement foundation for a lifetime of vitality and wellness

## DIRECTIONS FOR USE

Adults, take 4 capsules per day with food. Alpha CRS+ is formulated to be used daily with xEO Mega and Microplex VMz. All three products can be found in one convenient pack— dōTERRA Lifelong Vitality Pack®.

## FAQS

**Q: Does this product contain genetically modified material?**

**A:** Alpha CRS+ does not contain genetically modified material.

**Q: Can my children take this product?**

**A:** dōTERRA recommends dōTERRA A2Z Chewable™ and IQ Mega® for children rather than the Lifelong Vitality Pack. For older children or teenagers that can swallow capsules, a half dose is probably OK, though there is limited research of these ingredients. For any questions please consult your pediatrician.



1



**Q: How is this product different from DDR Prime®?**

**A:** The overall benefits you feel may be similar, though the effects occur through different mechanisms in the body. One product may be more effective than the other depending on individual needs.

**Q: Of all the LLV products, why is this one the most expensive?**

**A:** Alpha CRS+ is usually recommended to be taken as part of LLV, at a significant discount. If you were to purchase it individually, there are several reasons for the higher cost. Alpha CRS+ contains a wide variety of high quality complex extracts from plants from all over the world. Each one requires significant expertise to harvest, prepare, and study for your benefit.

**Q: What does Alpha CRS+ mean?**

**A:** “Alpha” means first or foremost; “CRS” stands for Cellular Renewal System; and the “+” sign reflects improvements that have been made to the product since it was first launched.

**Q: Do I need to take this with food?**

**A:** Alpha CRS+ should always be taken immediately before or right at the beginning of a full meal.

**COMPLEMENTARY PRODUCTS**

- Microplex VMz®
- xEO Mega® or vEO Mega®
- DDR Prime® Softgels
- DDR Prime Essential Oil Cellular Complex

**Nutrition Information**

**Servings Per Container: 30**  
**Serving Size: Four (4) Capsules (2154.28 mg)**

|               | Per Serving |
|---------------|-------------|
| Energy        | 2 Kcal      |
| Protein       | 0 g         |
| Total Fat     | 0 g         |
| Saturated Fat | 0 g         |
| Trans Fat     | 0 g         |
| Carbohydrates | 0.6 g       |
| Sugars        | 0 g         |
| Sodium        | 0 mg        |

**Cellular Longevity Blend: 1165 mg**

Boswellia Serrata Gum Resin extract (20 mg Boswellic Acid), Scutellaria Root extract (150 mg Baicalin), Milk Thistle Seed extract (100 mg Silymarin), Polygonum Cuspidatum Root extract (50 mg Resveratrol), Green Tea Leaf extract (30 mg Catechins), Pomegranate Fruit extract (25 mg Ellagic Acid), Pineapple Stem extract (50 GDU Bromelain protease enzyme), Turmeric Root extract (30 mg Curcuminoids), Grape Seed extract (20 mg Proanthocyanidins), Sesame Seed extract (14 mg Lignans), Pine Bark extract (7 mg Proanthocyanidins)

**Cellular Energy Blend: 400 mg**

Acetyl-L-Carnitine (100 mg), Alpha Lipoic Acid (100 mg), Coenzyme Q10 (50 mg), Quercetin (50 mg), Ginkgo Biloba Leaf extract (40 mg)

**dōTERRA Tummy Tamer Blend: 30 mg**

Peppermint Leaf extract, Ginger Root extract, Caraway Seed extract

**Other Ingredients:** Vegetable Hypromellose, Vegetable Cellulose, Calcium Silicate, Calcium Stearate

**ALPHA CRS®+  
 CELLULAR VITALITY  
 COMPLEX**

120 VEGETABLE CAPSULES

Part Number: 60201790

Wholesale: HK\$650.00

Retail: HK\$1080.00

PV: 76.5