

# Helichrysum

*Helichrysum italicum* 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



**Application:** A T I N

**Plant Part:** Flower

**Extraction Method:** Steam distillation

**Aromatic Description:** Herbaceous, honey, hay

**Main Chemical Components:** Neryl acetate, alpha pinene, γ-curcumene

## PRIMARY BENEFITS

- Improves appearance of the skin

### Helichrysum

*Helichrysum italicum* 5 mL

Part Number: 30410406

Wholesale: HK\$745.00

Retail: HK\$1235.00

PV: 96

## PRODUCT DESCRIPTION

*Helichrysum italicum* is a small perennial herb with narrow, silver leaves and flowers that form a cluster of golden yellow, ball-shaped blossoms. The name “*Helichrysum*” is derived from the Greek “*helios*” meaning sun and “*chrysos*” meaning gold, referring to the color of the flowers.

*Helichrysum* has been used in herbal health practices since ancient Greece and the oil is highly valued and sought after for its many health benefits. *Helichrysum* is best known for its restorative properties to the skin. Also referred to as the Everlasting or Immortal Flower, *Helichrysum* is used in anti-aging products for its rejuvenating benefits to the skin. *Helichrysum* can help clear skin blemishes, and it promotes a glowing, youthful complexion.

## USES

- Apply topically to help clear skin blemishes
- Apply to the face to reduce the appearance of wrinkles and to promote a glowing, youthful complexion.
- Massage into the temples and the back of the neck for a soothing sensation.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Internal use:** Dilute one drop in 4 fl. oz. of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

