

Cilantro

Coriandrum sativum 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: A T I N

Plant Part: Leaf

Extraction Method: Steam distillation

Aromatic Description: Fresh, herbal, sweet, pungent

Main Chemical Components: Linalool, trans-2-Decenal

PRIMARY BENEFITS

- Gives food a fresh and tasty flavor

Cilantro

Coriandrum sativum 15 mL

Part Number: 41850406

Wholesale: HK\$255.00

Retail: HK\$425.00

PV: 33



PRODUCT DESCRIPTION

The culinary uses and additional benefits of Cilantro have been documented for centuries. Applied topically, Cilantro is very soothing and cooling to the skin, and it adds a fresh, herbal aroma to any essential oil blend when diffused. Cilantro's culinary uses are endless, adding a flavorful twist to meats, salads, dips, and guacamole.

USES

- Place two drops in a dōTERRA veggie cap.
- Add to stir fries, salads, and dips to experience Cilantro's distinct flavor.
- Diffuse with citrus essential oils for a fresh, herbal aroma.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in 4 fl. oz. of liquid.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.